

# Labor to Rest?

B. Keith Chadwell; updated 2017

*"For he that is entered into His rest, he also hath ceased from his own works, as God did from his. Let us labour therefore to enter into **that rest**, (His rest) lest any man fall after the same example of unbelief." (from; Hebrews, chapter four)*

I have long been convinced that entering into "**that rest**", "in one accord", is imperative to the "perfection of the Saints".

*"Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fullness of Christ."*

That is; "Perfection" being the fullest manifestation of "Christ in us". Or, said another way; "Perfection" ... the full manifestation or appearing of Christ in us that is set before us in so many ways in scripture. The "Perfection" that is the fullness of what Paul spoke of in 1 Corinthians 13 as he set before us the goal or point aimed at which we Christians have seen and do see but, generally, not very clearly:

*Corinthians 13:9-10 (ISV); For what we know is incomplete and what we prophesy is incomplete. But when what is complete comes, then what is incomplete will be done away with..... "Verse 12; Now we see only an indistinct image in a mirror, but then we will be face to face. Now what I know is incomplete, but then I will know fully, even as I have been fully known." " 1 John 3:2; Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is."*

Entering into "**that rest**" requires something more than a confession of believe and a born again experience. I suppose that is why the writer of Hebrews expressed his concern; "... lest any man fall after the same example of unbelief." His concerns proved justified, for; "**that rest**", for the most part, remains future, even today, in its total possession and retention for "the Church".

Yet, since Pentecost, "**that rest**" has been so available, so attainable. This "**rest**" to "the Church" is like the "promised land" for the natural Jews coming out of Egypt. It was so readily available, yet because of unbelief and disobedience it was never fully possessed and retained, even until this day.

Oh, I know it can be said; "All in God's time" and that is true. None the less, we can't deny man's unbelief and disobedience was known to God before the foundation of the world.

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*Labour: From G4710; to use speed , that is, to make effort , be prompt or earnest: - do (give) diligence, be diligent (forward), endeavor, labour, study.*

I was prompted, some years ago, to search out the results of a scientific study on the effect on the brain of a study group of volunteers. These volunteers prayed in tongues and alternately sang hymns in their known tongue while a group of scientists at the University of Pennsylvania measured the effect on their brains. The following is a quote from the report; ***"This is the first functional neuroimaging study to demonstrate changes in cerebral activity during glossolalia. The frontal lobes, parietal lobes, and left caudate were most affected."***

The following summary of the report is from an article published by: BENEDICT CAREY on November 7, 2006: ***"their frontal lobes — the thinking, willful part of the brain through which people control what they do — were relatively quiet , as were the language centers. The regions involved in maintaining self-consciousness were active."*** ***" The new findings contrasted sharply with images taken of other spiritually inspired mental states like meditation, which is often a highly focused mental exercise, activating the frontal lobes."*** (emphasis is mine)

The report also indicated a dramatic increase in activity in the same areas of the brain in these same subjects when they sang hymns in contrast to prayer in tongues.

Apparently the scientists were surprised at the relative inactivity or quietness of this part of the brain while the volunteers were praying in tongues.

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*"But the Levitical priests, the sons of Zadok, who kept charge of My sanctuary when the sons of Israel went astray from Me, shall come near to Me to minister to Me; and they shall stand before Me to offer Me the fat and the blood, declares Yahweh God. They shall enter My sanctuary; they shall come near to My table to minister to Me and keep My charge. It shall be that when they enter at the gate s of the inner court, they shall be clothed with linen garments; and wool shall not be*

*on them while they are ministering in the gates of the inner court and in the house. Linen turbans shall be on their heads and linen undergarments shall be on their loins; they shall not gird themselves with anything which makes them sweat. When they go out into the outer court, to the people, they shall put off their garments in which they have been ministering and lay them in the holy chambers; then they shall put on other garments so that they will not transmit holiness to the people with their garments." Ezekiel 44:15-19*

Why would Paul say to his contemporaries; "I speak with tongues more than you all"??

In public??? No, in his private "holy of holies" where he put on "**the priestly garment**" to minister unto the Lord in accordance with the Lord's will, not Paul's (Romans 8:26-27). Paul prayed in tongues "more than you all" (1 Cor. 14:) while he was in his secret place of the most high. And...Paul further states in 1 Cor 14:4,5,9 etc., public tongues is to be interpreted to prophecy in a known language to edify others and otherwise, public tongues, creates confusion. In other words; take off the priestly garment when you come out of your, Holy of Holies, secret place where you pray in the Spirit (tongues). Which lines up with Ez 44:19 which states that; this "**garment**" should be taken off in public....

Is this then, a crucial part of "*the rest, wherewith you can cause the weary to rest... ..*"?

Is this the; [\[No Sweat\]](#) Priestly garment?

Is it labor to enter this rest? Our flesh resists it!! Our unregenerate minds question it! The natural man thinks it is foolishness!!

Even Christians (those we call Charismatic's, Pentecostals, and such) who can open wide their mouths at any time and pray in the spirit, generally, do not spend that much time praying in the Spirit. We have exalted ourselves and set ourselves in that place where God should sit. Our deceitfully wicked hearts have said:

***"With our tongue will we prevail; our lips are our own: who is lord over us?"  
Psalms 12:4***

Christ in us, the hope of glory....it is our calling to become sons of God without need of further rebuke in the midst of this crooked and perverse generation, ready then to revenge all other disobedience but only as the Father may direct. Refined in the fire and then, like Jesus, ready to speak and do only those things we see the Father do.

If we are honest, we know we do not, **yet**, walk in the Spirit to the degree that we, now, always pray in accordance with the will of God in the languages known to us.....  
....Not always.

*Rom 8:26-27 Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered. And he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God .*

*Isa 58:13-14 If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words : Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it.*

*Psa 37:4 Delight thyself also in the LORD; and he shall give thee the desires of thine heart.* (your heart or Spirit man not your carnal flesh.)

*John 14:20 At that day ye shall know that I am in my Father, and ye in me, and I in you.*

The "Sabbath" and "my Holy day" (above) speak of entering the rest of God, which is His work in us, not of rules of law or liturgical issues.

*Isa 28:11-13 (NIV) Very well then, with foreign lips and strange tongues God will speak to this people, to whom he said, "This is the resting place, let the weary rest ";*

and,

*"This is the place of repose"- but they would not listen. So then, the word of the LORD to them will become: Do and do, do and do, rule on rule, rule on rule; a little here, a little there- so that they will go and fall backward, be injured and snared and captured.*

(And so it has been with the Church)

The only way we can now be assured by the scripture and by the Spirit of God that we can delight ourselves (our spirits) in the Lord and always be certain that we are speaking Gods words and not our own words... is to pray or sing in the Spirit. That is; "biblical tongues".

This is the rest wherewith we can cease from our own works and can cease speaking our own carnal words with total assurance and just REST, trusting the Holy Spirit to always pray through us and accomplish His will, in us and through us.

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Reference: ["The priestly garment, no sweat"](#) by: B. K. Chadwell found on the free pdf download page at: [www.highcountryministry.com](http://www.highcountryministry.com)

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